
VEGAN YOGURT

INGREDIENTS:

- 1 cup raw cashews
- 1/4 cup coconut cream
- 1/4 cup coconut milk
- 1/4 cup water
- Juice of 1 small lemon
- 1/8 tsp kosher salt
- 1/4 tsp vanilla

DIRECTIONS:

1. Blend all ingredients in blender until smooth. Add probiotics if desired.
2. Use in any recipe that calls for yogurt.
3. Refrigerate in air-tight container up to 1 week.

