



DR. MONIQUE MAY

Physician In The Kitchen TM

Dr. Monique May

SPEAKER'S KIT

DrMoniqueMay.com

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DR. MONIQUE MAY

**Award-
Winning
Board-
Certified
Family
Physician**

**Founder of
Physician In
The
Kitchen™**

**Media
Experience**

**Best-Selling
Author**

AWARD-WINNING BOARD-CERTIFIED FAMILY PHYSICIAN

An award-winning physician with over twenty years of experience in a variety of clinical and administrative settings.

MEDIA EXPERIENCE

A reliable resource for local and national news media on up-to-date and breaking-now health topics.

BEST-SELLING AUTHOR

An engaging speaker who takes the stage with passion in her heart, encourages audiences with her strong, genuine message, and connects authentically with them.

ABOUT ME



Dr. Monique May is a board-certified and licensed family physician with over twenty years of clinical experience. A native New Yorker, she has called Charlotte, NC home for most of the past twenty-three years. After graduating from the University of North Carolina at Chapel Hill with a degree in psychology, she obtained her medical degree with honors from Temple University School of Medicine, and completed her internship and residency in Family Medicine at Carolinas Medical Center (now Atrium) in Charlotte, NC, where she was named Resident of the Year. Most recently she completed a Masters of Healthcare Administration at the George Washington University School of Public Health. Her commitment to community service was recently recognized with a Physician of the Year award.

Dr. May is the founder of Physician In The Kitchen™, and is a number one best-selling author, with the recent release of her book, MealMasters: Your Simple Guide to Modern-Day Meal Planning.

*Physician In
The Kitchen*



MEDIA APPEARANCES



SIGNATURE TOPICS

Healthy Grilling Options

Beyond Burgers: What Else You Can Throw On The Grill Besides Meat

What To Cook When You Don't Know What To Cook

How to Shop Your Pantry and Freezer instead of Going to the Grocery Store

How Meal Delivery Can Help You Achieve Your Health Goals

The Many Benefits of Using a Meal Delivery Service

Quick and Easy Nutritious Meals

Tips to Help Busy Households Get Good Food on the Table Fast





TESTIMONIALS

“I want to extend a HUGE thanks to Dr. May for a superb presentation. Our audience truly valued the presentation and the supportive information that she shared.”

**– Gwendolyn Devins, Health Program
Coordinator/Supervisor Community Engagement.
Mecklenburg County Health Department**

“Dr. Monique May inspired our attendees with her inspiring words of encouragement and empowerment.”

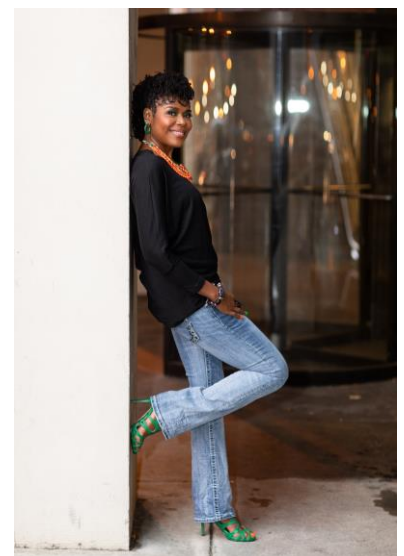
– Healing Vine Harbor





EDUCATION & CREDENTIALS

- Completed medical school at Temple University School of Medicine, elected to Alpha Omega Alpha, the national honor medical society, and graduated in the top 10 percent of her class, 1996
- Completed residency in family medicine and was chosen as Outstanding Resident of the Year, 1999
- Creator of the BEST healthy, delicious, vegan and gluten-free sweet potato pound cake (also available in pumpkin and other flavors)
- Voted Physician of the Year 2019
- Best-selling author, *Meal Masters: Your Simple Guide to Modern-Day Meal Planning*





Speaking Rates

Speaking fees start at \$3500 plus travel and accommodations. Fees are customizable and negotiable. Please inquire for more details.

Travel Arrangements Should Cover:

Airfare (for two) or SUV Car Rental

Ground Transportation

Hotel Accommodations

Meals and gratuities



Full speaker's rider provided upon booking



GET IN TOUCH

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